

St Clare Confirmation Sponsor

A Guide for Confirmation Candidates on Choosing a Sponsor

REQUIREMENTS FOR CHOOSING YOUR SPONSOR

- Chosen by the one to be confirmed. (not chosen by parents)
- Is not a parent/step-parent of the candidate
- Have the qualifications and intention of performing this role
- Have completed the 16th year of age and be of sufficient maturity
- Be a Baptized Catholic who has already celebrated the Sacraments of Reconciliation, Confirmation and Holy Eucharist
- Not bound by any canonical impediment
(i.e. Non-Sacramental Marriage, living in co-habitation, or any other lifestyle choice in opposition to Church teachings)
- Be an active, practicing Catholic: attending Mass on a weekly basis, receiving the sacraments of Reconciliation and Eucharist regularly
- If married, married in the Catholic Church
- Lead a life in harmony with the faith and the role to be undertaken

THINGS TO CONSIDER WHEN CHOOSING A SPONSOR

Choose a sponsor who:

- 1) Will walk with you on your journey of faith
- 2) Will give time and commitment to being a sponsor
- 3) You feel comfortable praying with
- 4) You feel comfortable talking about your faith with
- 5) Lives locally and be there for you for support, encouragement, and prayer
- 6) Who is living out the beliefs of the Catholic Faith
- 7) Who will you lead you closer to Jesus Christ

AFTER CHOOSING YOUR SPONSOR

- 1) Give him/her the Guide for Confirmation Sponsors
- 2) Please have him/her fill out the Sponsor Form
 - **All Sponsors need to fill out the Sponsor Form.**
 - Sponsors from the St Clare community are to be registered, active participants in St. Clare and should complete the sponsor form.
 - **Sponsors are to provide this form to their pastor/pastor delegate for signature and parish seal to indicate they meet the criteria for being a sponsor.**
- 3) Submit Sponsor Form to your Youth Minister or the Parish Office
- 4) Inform your sponsors of any meetings that he/she must attend for Confirmation (See Calendar)

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CONGRATULATIONS ON BEING A SPONSOR

If you have received this, that means that the youth has asked you to be a sponsor looks up to you and is asking you to be a guide, mentor, and spiritual advisor to them on the faith formation journey! As a sponsor, you have a role to be there for them and assist them when it comes to living out the Catholic faith. Below, you will find the requirements and responsibilities of a sponsor. You are also required to fill out the Sponsor Form,

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ROLE & RESPONSIBILITIES OF A SPONSOR

- 1) Be willing to walk with your Confirmation Candidate on their journey of faith
- 2) Provide time and commitment to being a sponsor
- 3) Be open to talk about the faith with your candidate
- 4) Pray for and with your candidates
- 5) Present your candidate for the Sacrament of Confirmation
- 6) Spend time getting to know your candidate on a spiritual level
- 7) Be a model of faith and set an example to your candidate
- 8) Maintain a relationship with your candidate for the rest of your lives even after receiving the Sacrament
- 9) Attend meetings required for Sponsors and Confirmation Candidates (See Calendar)

The role of a Sponsor is a serious commitment to your candidate and so please consider taking this role seriously. Take time to pray on this important role.